

Valentine's Day class!

We know dating can be a total job in itself, let alone finding someone who truly has similar interests as you do. Now add the pressure of something to do on V-Day!

How about letting Yoga Sol help you break the ice in a non conventional way? Join us for an evening of yoga and an opportunity to meet other yogis that are single.

Heres out it works

Just Breathe!

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We will lead you through a fun vinyasa flow class working through those jittery nerves that are normally present when trying to meet people on your own.

Do you chataranga here often?

2nd)

Stick

around after the class for drinks and appetizers to mingle with your classmates. See who's got the right Om for your taste as well as make new friends.

R.S.V.P.

3rd)

fill out a card at the front desk prior to leaving stating who tickled your chakra and you would like to continue getting to know better. If they named you as well, you will receive an email with their info for correspondence. The rest is up to you!

Price: \$35 per person.

Class is on Friday – Feb 10th! Register no later than February 5, 2012. Please note: Pre-registration is required to participate. Drop ins are not allowed. Must be 21 years or older.